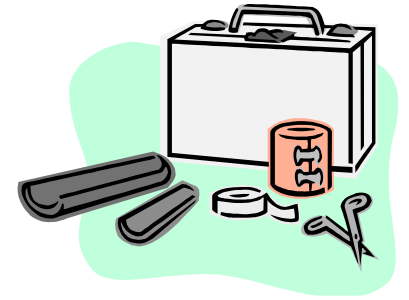


St John's Ambulance

First Aid For Rugby



Covers head and neck injuries, collapse, fractures, sprains, cuts and bruises.

Four hours of instruction over two evenings
WEDNESDAYS 8th and 15th OCTOBER 2008

1900hours until 2100hours

at

St John's Ambulance Headquarters
Commerce Road
Ashville Business Park
Cheltenham Road East
Staverton GL2 9QJ

Location: Behind Mercedes Benz garage on the B4063 (Old Cheltenham Road), left or right, dependent upon your approach, at the traffic lights in the middle of Staverton airfield. The building is clearly marked with a St John's badge and is next to the NHS Ambulance Station.

14 places available on first come first served basis.

**To book your place please contact
Christine Haseler on 01242 527549**

Or St John on 01452 858230

Email judy.gardner@gloucestershire.sja.org.uk